

THE BEERDED CHALLENGE



LIVE FIT AND STAY SOCIAL!

Only \$99

POWERED BY BETTER BODY BY MARS

THE BEERDED LADY

CREATOR/INFLUENCER/ACTOR

Jennifer is a Beer Blogger which means she drinks beer for a living! She came to Marsella with a challenging question for most personal trainers... Can I drink beer and still look good? Marsella then answered, OF COURSE! Thus the challenge was born.



MARSELLA REYES

TRAINER/INFLUENCER/MODEL

Marsella is no stranger to partying! After many years of not having a balanced lifestyle she decided to hit the gym. She has placed in fitness competitions, trained some of the wives of Hollywood, and is a fitness model. She has been studying for years on how to make a body into a well oiled machine.

THE CHALLENGE

LIVE FIT AND STAY SOCIAL

With collaboration and dedication we have created a balance of beer and fitness!! This is not a simple challenge by any means! Be ready to challenge your mind, your body and most importantly your muscles!

Are you ready to find the best you while enjoying the lifestyle you lead?

WHEN CONTACTING US BE SURE TO MENTION "THE BEERDED CHALLENGE"

CONTACT MARSELLA
INSTAGRAM @MARSELLA.REYES
OR EMAIL

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CONTACT JENNIFER THROUGH INSTAGRAM
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THE BEERDED LADY: 8 OUT OF 12 WEEK RESULTS

